

Health & Wellness Series

Middle and High School

\$549.95 per Set

Special: Purchase all three for \$1449.95



Connect with Kids

Choose one of three different series or select all three. Each multi-media series features real kids talking about the issues and includes:

- **10 DVDs** with two eight-minute segments on each topic.
- **Curriculum Guide** with lesson plans, vocabulary, overheads, activities and more.
- Correlations to National Health Education Standards.

Health 1: Growing Up

Growing Up	Managing Stress	Healthy Choices
Your Family	Emotional Health	Adulthood
Dating Relationships	Peer Relationships	

Health 2: Peers and Pressures

Alcohol	Infectious Diseases	Mental Disorders
Tobacco	Non-Infectious Diseases	Abuse of Legal Drugs
Preventing Drug Abuse	Depression and Anxiety	Harmful Behaviors

Health 3: Body Language

Nutrition	Health Care	Eating Disorders
Mind/Body Connection	Team Sports and Competition	A Health Environment
Dieting	Body Image	Physical Fitness
Physical Appearance		